



## Multi Activity Adventure

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Ireland's best hiking, biking, horse-riding, sea-kayaking and canoeing

Based in the beautiful "Kingdom" of Kerry, this tour is for those with a spirit of adventure. You will need to be of average fitness and want to try a variety of activities. It does not matter if you have not been on a bike for 20 years or never been in a kayak. As long as you are willing to give it a go, this is the tour for you! Discover Ireland's best hiking, biking, horse-riding, sea-kayaking and canoeing in one week.

### Guide:

Noel O'Leary has a BA Degree in Outdoor Activity Management, and has a real passion for sharing the history and culture of Ireland with others. He has guided tours over the past 10 years and led adventure tours throughout the UK, Europe, New Zealand and Patagonia. Noel was awarded an Irish Welcome award for his contribution to Irish tourism by Failte Ireland (Irish Tourist Board) in 2005.

### Activities:

All activities on the Multi-activity adventure trip are run by staff with nationally recognised qualifications, at approved activity centres. There is the option for a free day whenever you feel like it.

## Itinerary (subject to change without prior notice)

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### Day 1: Arrival at Killarney

Dinner and welcome briefing with your guide at the guesthouse. Overnight in Killarney (3 nights).

### Day 2: Killarney National Park

Today's activity is walking Killarney National Park, with its lakes, oak woods, waterfalls, bogland and native red deer. The Old Kenmare Road has been abandoned since 1830, there is the option of climbing Torc Mountain with views over the Lakes of Killarney. Also to be seen is Muckross House 19th century manor and Muckross Abbey (15th century).

### Day 3: Ireland's highest mountain - Carrauntoohil

The highest mountain of this tour (3,414 ft / 1,039 m) is located in the heart of MacGillycuddy's Reeks mountain range. The walk takes you through Hags Glen and up Eagle's Nest, there are a number of routes up the mountain which may depend on the group's abilities and the weather. The views from the top are well worth the climb.



### Day 4: Sea Kayaking Kenmare

Today you travel along the Ring of Kerry through the "tidy town winners" of Kenmare and Sneem. Sea kayak the beautiful Kenmare Bay with its many Islands and abundance of sea-life. The afternoon transfer is along the Ring of Kerry to the little fishing port of Portmagee with the option of walking at Derrynane National Park and its white sandy beaches. Overnight in Portmagee (2 nights).

### Day 5: Skellig Islands / Biking Valencia Island

The Skelligs are located 10 miles / 16 kms from Portmagee by boat. Skellig Micheal has the remains of an 8th century monastic site and this can only be reached by climbing over 850 steps to the top. The little Skellig is home to over 27,000 gannets. For those who are not good sea-travellers there is the option of cycling Valencia Island and visiting its many historical sites.

The Skelligs are an UNESCO World Heritage Site, one of only three in all Ireland.

**Day 6: Mountain Biking Gap of Dunloe**

A spectacular bike route through the ice-carved Gap of Dunloe and around the Lakes of Killarney. Overnight at Glenbeigh (2 nights).

**Day 7: Canoe, Rock-climb, Abseil or Horse ride**

The morning you can enjoy a relaxing paddle on Caragh Lake by Canadian Canoe. There are afternoon options of Rock-climbing, Abseiling or Horse riding on Rossbeigh Beach on Dingle Bay. Farewell Dinner.

**Day 8: Departure after a hearty Irish breakfast**

NOTE that for weather or other reasons, on occasion the guide may have to change the sequence of activities or the activities themselves.

## Travel Information

**Services included**

- 7 Nights accommodation in Irish Tourist Board approved guest-houses
- Full Irish breakfasts on 7 days
- 7 packed lunches
- 6 four-course dinners
- Noel O'Leary - award winning guide throughout the itinerary
- Transport throughout the week
- Sea-kayaking Kenmare Bay
- Boat trip to UNESCO World Heritage Site - The Skelligs
- Mountain bike hire
- Canadian canoe trip on Caragh Lake
- Rock-climb, abseiling or horse riding on Rossbeigh beach

**Demands**

- Moderate walks of 6-12 miles (10-20 km) per day with gradual ascents of up to 350 m / 1,150 ft (except day 3).

**Optional Services**

Single room supplement	189.00 EUR
Go Ireland transfers from/to Kerry airport to Killarney will operate between 07.00 and 18.00 on Saturdays, throughout the year	
Single transfer	15.00 EUR
Return transfer	30.00 EUR
NOTE	These transfers must be confirmed at time of booking with flight numbers and times for arrival and departure. If these transfers aren't confirmed at time of booking we will assume they are making their own way to their first nights accommodation.

**Dates and Prices**

Date	Price
Our programme is currently under review. We ask for your patience	

Participants: min. 6, max.

**Hints**

- A prepayment of 25% has to be paid directly after reconfirmation. Final payment becomes due three weeks before starting date of the tour.

## Contact and booking

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