



Above 3,000 in the Dolomites

Trekking to the most famous peaks of the Dolomites

Narrow gorges, sheer walls and exposed heights combined with rocky plateaus and lovely alp meadows. Get in touch with history: World War I has left its traces...

During the first days we will tackle in the only glacier and the highest mountain of the Dolomites - the Marmolada (3,350 m) - also called the Queen of the Dolomites! Characterised by her steep South face and impressive gorges, e.g. the Serrai, which is one of our highlights in this tour.

The Civetta, also called the Owl, seems to be a kind of bird, which greets its climbers and hikers with its open wings! Although the slopes are also gentle, we find there one of the most inaccessible of the vertical Dolomite rock walls, a true challenge for even the most accomplished alpinists.

The gigantic Monte Pelmo closes the circle around Cortina, which becomes, in practice, an island at the centre of a single great peak, even though it is somewhat fragmented.

And last, but not least, the sharply pointed peak of the Antelao, also called the pyramid of the Dolomites, guarantees you spectacular views you will never forget!

HIGHLIGHTS: Daily new mountains, new landscapes, peak experiences and impressive mountain scenery; Famous names and original nature ; Hut lives and hotel comfort change; Carefree walking pleasure: Baggage transport to the hotels!; Small participant groups (4-8 persons).

Itinerary (subject to change without prior notice)



Day 1: Saturday - Arrival

Meet our guide in Hotel Alba, Canazei (1,560 m), who will brief you the procedure of the week and check equipment. Dinner.

Day 2: Sunday - Marmolada

Ascent through Val Contrin to Passo Ombretta (2,700 m). Just right below the impressive South face of the Marmolada we descend to Malga Ciapèla (1,450 m). Fascinating views and an adventurous hike through the wilderness of Serrai, passing also the gorge of Sottoguda to our overnight stay in the hotel.

Luggage transfer. Walking hours: approx. 6-7

Day 3: Monday - Marmolada / Civetta

Walking across the mountain range of Cima di Pianezza (2,044 m) and the South part of Civetta to Vallada (1,080 m), above Cencenighe. Overnight in a mountain inn.

Luggage transfer. Walking hours: approx. 5

Day 4 : Tuesday - Civetta

Transfer to Capanna Trieste (1,135 m). Ascent to the mountain lodge Vazzoler at the bottom of the North face of Civetta until the mountain lodge Coldai (2,132 m) next to the Coldai Lake. The whole day you can enjoy the fantastic views to the steep walls of Civetta and to the near Monte Pelmo, which is the goal for our next day. Overnight.

Walking hours: approx. 5

Day 5 : Wednesday - Pelmo

Descent to Palavera. From here we start our surrounding walk of Monte Pelmo until San Vito di Cadore (1,100 m) nearby Cortina. Overnight in a hotel.

Luggage transfer. Walking hours: approx. 6

Day 6 : Thursday - Cortina

A short hike to the surrounding mountains of Cortina gives you the opportunity to enjoy a more relaxing day: Monte Formin, Croda da Lago, Tofana. You have the opportunity to soak up the atmosphere of Cortina, perhaps visiting the centre or having a coffee at one of the local bars.

Day 7: Friday - Antelao / Sorapis

To the mountain lodge S. Marco (1,800 m) with spectacular views to Antelao and the mountain range of Sorapis! Afterwards Forcella Grande (2,250 m) and descent through the wild valley of S. Vito to Val D'Aniei. A wonderful, but challenging hiking day. Transfer back to Alba / Canazei (1,45 hours).

Luggage transfer. Walking hours: 6-7

Day 8 : Saturday - Departure

After breakfast the tour is at its end.

Travel Information

Services included

- Guidance by an experienced mountain or hiking guide
- 7 Days overnight, breakfast and dinner included
- 4 Overnights in hotel with facilities, telephone, TV and sauna
- 1 Overnight in a mountain inn with double rooms and facilities, telephone and TV
- 1 Overnight in a mountain lodge with twin or multi share rooms and share facilities
- 1 Overnight in a mountain lodge with twin or multi share rooms without shower possibilities
- Transfer from / to Canazei and all transfers in between
- Transfer from / to train station or airport
- Baggage transport to the hotels

Services not included

- Beverages and lunches
- Cable cars and chairlifts

Demands

- 2 stars: Medium difficulty: partial steep, stony paths. Differences in height from 500 to 800 m, occasionally reaching heights of more than 1,000 m. 4 to 6 hours. Participants should have a good condition, hiking experience, a secure tread and should not be afraid of heights. Climbing experience is not necessary.
- 3 stars: Higher difficulty: repeatedly steep, narrow climbs with rock steps and some easier climbing passages. Differences in height from 500 to 900 m, occasionally also more than 1,300 m. Average trekking time approx. 5 to 7 hours. Participants should have a healthy condition, hiking experience in high-alpine areas, a secure tread and should not be afraid of heights. Climbing experience is not necessary.

Optional Services

Surcharge single room per day	35.00 EUR
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Dates and Prices

Date	Price
Our programme is currently under review. We ask for your patience	

Participants: min. 4, max. 8

Hints

- Changes of the program are left up to the mountain-walking leader.
- Small groups (4-8).
- In case the group is larger than 8 people, two trekking guides are sent in order to have the possibility of dividing the group regarding the participant's hiking abilities.
- A prepayment of 200.00 EUR has to be paid directly after reconfirmation. Final payment becomes due 30 days before starting date of the tour.

Contact and booking

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